

Better memory for better success!

Train your memory and take advantage of it both in your professional and in your private life. Working with you we will make use of the latest findings of neurosciences and cognitive sciences to increase the capacity of your memory.

By means of systemics**lean™Memory** you will learn well-trying mnemonics and be surprised how these methods will trigger extraordinary memory performance.

Apply your new skills successfully to many different purposes:

- Remember names and important information about your business partners easily.
- Improve your memory for numbers and facts.
- Memorize lists with great ease such as your schedule for your workday, important items for business negotiations or notes for your next presentation.
- Reminder assistants will help you in everyday life to remember important dates and plans.

systemics**lean™Memory** consists of three fixed training units of three hours each, over a 12 week period, inclusive on-going support (blended learning).

efficient and effective