

# Qualification as a Personal Change Management-Coach

PCM®: Sustainable Coaching in dealing with pressure and stress.

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## Would you like an individual and intensive Coaching Qualification?

With our Coaching Qualification in **Personal Change Management (PCM®)**, we qualify you in a completely individual manner. Your developmental status will be assessed before you start and you will experience Coaching from the very beginning. In the course of the Qualification, you will receive a large number of opportunities for real life exercises and intensive feedback on your own professional and personal approach to Coaching.

## PCM® - Personal Change Management

**Personal Change Management (PCM®)** is a neuropsychologically founded and proven Coaching Program with which **personal change** can be initiated and implemented very quickly and effectively. We tackle aspects associated with insecurities and uncertainties head-on, as these block contextual judgment and maturity. By means of a thorough stabilization process, we ensure sustainability.

## Qualification Concept

During the two year Qualification process toward becoming a **Personal Change Management-Coach**, you will acquire a tried and tested coaching strategy to lead your customers/colleagues directly to personal change and you will learn sustainable coaching for handling pressure. Our program is focused on the individual abilities and skills of the participants and is structured so that you will competently master all separate coaching stages upon completion. The progression is organized as follows:

- Stage 0: Individual status assessment** (using the I-E-Profile™ et al.) and adjustment to the qualification profile
- Stage 1: Individual Coaching** on individual topics and further development of maturity
- Stage 2: Seminars** on the basis of neuropsychological change processes as well as the structure of the coaching process
- Stage 3: Group Supervision** for deeper reflection on coaching practice, the new role, as well as individual personality stakes
- Stage 4: Written Documentation and Colloquium** with exam to confirm coaching competence.
- Stage 5: Follow-up Group Supervision** as a further maturing phase completes the Qualification

Contact: Carl E Gross

SYSTEMICS™ ● Consulting Group

Managing Partner: Carl E. Gross, US Dipl.-Psychologist  
Wilskistrasse 88, 14163 Berlin, Germany

phone: 030 - 814 15 10 fax: 030 - 814 99 311 mail: contact@systemics.net

